

## YOUR CHILD'S DEVELOPMENTAL MILESTONES

Age: About 18 months

### **Motor Skills**

- Walks independently.
- Scribbles with crayons.
- Turns a page in a book.
- Is able to push, pull and dump things.
- Can carry a stuffed animal or doll.
- Builds a tower of 2 blocks.
- Can take off socks, mittens, and hats.

# **Cognitive Skills**

- Follows simple instructions.
- Finds objects when hidden.
- Identifies a familiar object in a picture book.
- Solves problems by trial and error.
- Begins to sort by shapes and color (e.g. Puts a round lid on a round pot).

## Social Skills and Language

- Has a vocabulary of about 8-10 words that can be understood.
- Uses phrases like "bye-bye", "hi", and "please", when prompted.
- · Repeats words overheard in conversation.
- Makes eye contact when someone is talking to him.
- Asks for mother or father specifically.
- Brings toys or books to share with parent or caretaker.
- Plays alone on the floor with toys.
- Competes with other children for toys.
- Exhibits separation anxiety when parent leaves.
- Points to items that he wants.

## **Red Flags**

If by 18 months of age you have noticed any of the following signs, discuss them with your pediatrician or nurse practitioner. Although all children mature at different rates, failure to reach certain milestones *could* indicate a developmental problem requiring special attention.

- Your child cannot walk
- Your child does not speak at least 8-10 words that you can understand
- Your child does not seem to know the function of common household objects (phone, fork, spoon, and comb)